



1992-2018

#### CONTACT DETAILS

t: +27 (0) 11 880 5800  
f: (+27) 11 442 3091  
@: ceo@athleticssa.net  
www.athletics.org.za

#### POSTAL ADDRESS

P O Box 2712  
Houghton Estate  
2041

#### STREET ADDRESS

Athletics House  
No. 3, 11th Avenue  
Houghton Estate  
Johannesburg 2198

#### BOARD MEMBERS

PRES: Mr. Aleck Skhosana  
VICE-PRES: Dr Harold Adams  
T+F: Mr. Pieter Lourens  
RR: Mr. James Moloj  
CC: Mr. Jakes Jacobs  
Ath : Ms. Dorah Mngwevu  
ADD: Ms. Motlatsi Keikabile  
Ms. Shireen Noble  
Ms. Esther Malema  
Ms. Ntathu Gwadiso  
E.O. Mr. Jazz Mnyengeza  
Mr. William Mokatsanyane

#### HONORARY MEMBERS

Mervyn KING  
Mluleki GEORGE

#### PARTNERS

IAAF  
CAA  
SASCOC  
SRSA  
NLC  
ASA Provinces  
ASA Associates  
Old Mutual  
SABC  
Adidas  
SA Sports Trust

#### MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	15 October 2018
Subject	ASA Senior Preparation Squad for 2019 IAAF World Championships
No pages	2

## ELECTRONIC TRANSMISSION

### CIRCULAR 109 OF 2018 - ASA SENIOR PREPARATION SQUAD FOR 2019 IAAF WORLD CHAMPIONSHIPS

Dear ASA Members

ASA has started its final preparation for the 2019 IAAF World Championships in Doha Qatar from 28 Sep – 6 October 2019.

ASA has sent the ASA Excellence Manager, Mr Hezekiel Sepeng to Doha to get a better understanding of the competition environment during the 2019 IAAF World Championships. The lateness of the 2019 IAAF World Championships and the air-conditioned stadium in a hot and dry environment is only some of the challenges that the athletes will have to take in consideration in their final preparation for the 2019 IAAF World Championships.

Mr Hezekiel Sepeng has compiled a report of the competition environment for the 2019 IAAF World Championships, and will be presenting this report at the athletes briefing on 9 November 2018 at the OR Tambo Garden Court Hotel in Kempton Park. More information on this briefing session will follow soon.

Please find attached the 2019 IAAF World Championships Squad.

**Athletes not listed in the ASA Preparation Squad below have the right to appeal for reconsideration in writing to the ASA office for attention of Hezekiel Sepeng (hezeki@athleticssa.co.za) before close of the business, Friday 26 October 2018.**

The appeal should include:

1. Name and Surname of Athlete:
2. Date of birth:
3. 2018 ASA License number:
4. ASA Province where license was issued:
5. Performance to be considered:
6. Date and venue of achievement:

Athletics greetings

Richard Stander  
ASA ACEO  
Not signed due to electronic sending



## ASA SENIOR PREPARATION SQUAD FOR THE 2019 IAAF WORLD CHAMPIONSHIPS IN DOHA QATAR FROM 28 SEP – 6 OCTOBER 2019

No	NAME & SURNAME	GENDER	PROV	EVENT	SEASON BEST
1	**AKANI SIMBINI	M	AGN	100m	9.93
2	**EMILE ERASMUS	M	AGN	100m	10.02
3	**ROSCOE ENGEL	M	WPA	100m	10.06
4	**SIMON MAGAKWE	M	WPA	100m	10.07
5	**HENRICO BRUINTJIES	M	AGN	100m	10.10
6	**CLARENCE MUNYAI	M	AGN	100m/200m	10.10/19.69
7	**NCINCILILI TITI	M	AGN	200m	20.00
8	**LUXOLO ADAMS	M	EPA	200m	20.01
9	**ANASO JOBODWANA	M	AGN	200m	20.07
10	**THANDO DLODLO	M	CGA	100m/200m	10.11/20.41
11	*WAYDE VAN NIEKERK	M	AFS	200m/400m	
12	DERICK MOKALENG	M	CGA	400m	45.02
13	THAPELO PHORA	M	AGN	400m	45.35
14	RYNHARDT VRENSBURG	M	AFS	800m	1.45.15
15	*ELROY GALANT	M	ACNW	5000m	
16	ANTONI ALKANI	M	WPA	110mH	13.31
17	RUAN DE VRIES	M	AGN	110mH	13.63
18	LINDSEY HANEKOM	M	AGN	400mH	49.17
19	LE ROUX HAMMAN	M	AGN	400mH	49.22
20	CORNEL FREDRICKS	M	AGN	400mh	49.30
21	ZAZINI SOKWAKHANA	M	AGN	400mH	49.32
22	LUVU MANYONGA	M	EPA	LJ	8.58
23	RUSWAHL SAMAAI	M	CGA	LJ	8.45
24	ZARK VISSER	M	CGA	LJ	8.40
25	GODFREY MOKOENA	M	AGN	TJ	16.92
26	ORAZIO CREMONA	M	CGA	SP	20.71
27	KAYLE BLIGNAUT	M	CGA	SP	22.07
28	VICTOR HOGAN	M	BOLA	DT	65.20
29	LEBOGANG SHANGE	M	CGA	20kmRW	1.23.27
30	CARINA HORN	F	AGN	100m	10.98
31	TEBOGO MMAMATU	F	AGN	100m	11.27
32	CASSIDY WILLIAMSON	F	KZNA	100m	11.31
33	JUSTINE PALFRAMAN	F	BOLA	200m/400m	22.83
34	CASTER SEMENYA	F	AGN	400m/800m/1500m	1.54.25/3.59.92
35	DOMINIQUE SCOTT-EFURD	F	WPA	5000m	15.04.14
36	GLENROSE XABA	F	AGN	10 000m	32.59.05
37	RIKENETTE STEENKAMP	F	AGN	100mH	12.81
38	WENDA NEL	F	AGN	400mH	54.61
39	ZENEY VAN DER WALT	F	AGN	400mH	55.05
40	SUNETTE VILJOEN	F	AGN	JT	62.46
41	STEPHEN MOKOKA	M	AGN	Marathon	2:08:30
42	BEMEDICT MOENG	M	AGN	Marathon	2:12:52
43	DESMOND MOKGOBU	M	CGA	Marathon	2:14:13
44	DUANE FORTUIN	M	WPA	Marathon	2:19:16
45	NOLENE CONRAD	F	WPA	Marathon	2:34:38
46	CHRISTINE KALMER	F	CGA	Marathon	2:42:10
47	CHARNE BOSMAN	F	AGN	Marathon	2:44:51

\*athletes selected were injured in 2018 athletics season

\*\*4 x 100m men relay squad