



ATHLETICS SOUTH AFRICA NPC
Reg No 2006/034767/08

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42 MEDALS FOR SOUTH AFRICA AT 2016 CAA SOUTHERN REGION U/20 CHAMPIONSHIPS

The South African Junior Athletics Team represented South Africa at the 2016 CAA Southern Region u/20 Championships in Lusaka, Zambia from 17 – 18 June 2016. They won a total of 42 medals (25 gold; 16 silver; 1 bronze) during the Championships.

The South African sprinters Gift Leotlela and Tamzin Thomas did well at the Championships by winning 3 medals each for South Africa.

The South African Junior Team to the 2016 IAAF World Junior Championships will be announced soon after the 2016 CAA 20th African Senior Championships.

The South African athletes who won medals at the 2016 CAA Southern Region u/20 Championships are:

JUNIOR MEN: 13 Gold medals

1. Gift Leotlela - 100m (10.47)
2. Gift Leotlela - 200m (20.47)
3. Derrick Mokaleng - 400m (47.17)
4. Kabelo Melamu - 10 000m (31:12.76)
5. Mpho Tladi - 110m hurdles (13.89)
6. Kefilwe Mosimanegape - 400m hurdles (51.87)
7. Jason van Rooyen - Shot Put (19.50m)
8. Johan Grobler - Javelin Throw (74.72m)
9. Ikageng Gaorekwe - 3 000m SC (9:22.85)
10. Werner Visser - Discus (57.42m)
11. Kabelo Melamu - 5 000m (14:59.93)
12. 4 X 400 - Men - Nikki Marich, Theuns Ehlers, Masego Seselo, Derrick Mokaleng (3:10.07)
13. Chris Moleya - High Jump - Men (2.23m)

Aleck SKHOSANA (President)
Pieter LOURENS (Chair Track & Field)
Esther MALEMA (Additional)

Dr Harold ADAMS (Vice President)
Dorah MNGWEVU (Chair Athletes)
Shireen NOBLE (Additional)

Jakes JACOBS (Chair Cross Country)
Ntathu GWADISO (Additional)
Jazz MNYENGEZA (USSA Rep)

James MOLOI (Chair Road Running)
Motlatsi KEIKABILE (Additional)
William MOKATSANYANE (SASA Rep)

Board Members

Honorary Members:
Mervyn KING
Mluleki GEORGE

JUNIOR MEN: 9 Silver medals

14. Thabo Maganyele - 110m hurdles (14.26)
15. Werner Visser - Shot Put (18.03m)
16. Erich Wiese - Javelin Throw (72.90m)
17. Masego Sesele - 400m hurdles (54.14)
18. George Kusche – 800m (1:49.36)
19. Madia Ehlers - 200 (24.03)
20. Jason van Rooyen - Discus (53.66)
21. 4 X 100 - Mpho Tladi, Clarence Munyai, Kefilwe Mogawane, Gift Leotlela - 40.43
22. Ikageng Gaorekwe - 5 000m - 15:07.91

JUNIOR WOMEN: 12 Gold medals

23. Tamzin Thomas - 100m (11.37)
24. Tamzin Thomas - 200m (23.84)
25. Jeanelle Griesel - 400m (54.45)
26. Simonay Weitsz - 800m (2:08.03)
27. Taylon Bieldt - 100m hurdles (13.70)
28. Gezelle Magerman - 400m hurdles (59.18)
29. Nienka du Toit - High Jump (1.66m)
30. Yolandi Stander - Discus Throw (48.54m)
31. Jo-Ané van Dyk - Javelin Throw (54.03m)
32. 6. Simonay Weitz - 1 500m (4:33.56)
33. 78. 4 X 400 - Belindi vd Merwe, Gezelle Magerman, Amoure le Roux, Jeanelle Griesel (3:45.68)
34. 9. 4 X 100 - Taylon Bieldt, Madia Ehlers, Amoure le Roux, Tamzin Thomas (45.95)

JUNIOR WOMEN: 7 Silver medals

35. Madia Ehlers - 100m (11.58)
36. Armoure le Roux - 400m (55.59)
37. Liza Kellerman - 800m (2:12.12)
38. Nienka du Toit - 100m hurdles (15.05)
39. Belindi van der Merwe - 400m hurdles (60.66)
40. Nienka du Toit - Long Jump (5.44m)
41. Leandri Geel - Discus Throw (48.24m).

JUNIOR WOMEN: 1 Bronze medal

42. Taylon Bieldt - 200 (24.08)