



1992-2017

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

| | |
|----------|--|
| To | ASA Members |
| From | ASA Office |
| Date | 03 August 2017 |
| Subject | Athletes ranked on SA Top 10 rankings can be tested by SAIDS out of season |
| No pages | 3 |

ELECTRONIC TRANSMISSION

Dear ASA Members

Circular 87 of ASA 2017 (08/03) – ATHLETES RANKED ON SA TOP 10 RANKINGS CAN BE TESTED BY SAIDS OUT OF SEASON

Please find attached the latest ASA Ranking list for the 10km, Half-Marathon and Marathon distances. All ASA Top 10 Rankings are listed on <http://www.athletics.org.za/> under Statistics/rankings.

Please note that the performances of Louisa Leballo have been nullified. Louisa Leballo was tested by SAIDS on 20 March 2017 in an “out of season” test and the tests were found positive. There are aggravating circumstances in the case of Louisa Leballo.

The first charge against Louisa Leballo was for the use of Erythropoiesis Stimulating Agents, including Erythropoietin (EPO). The second charge against Louisa Leballo was for trying to corrupt the DCO in an attempt to avoid the out-of-competition test on 20 March 2017.

Louisa Leballo is therefore suspended for 8 years instead of the prescribed 4 year suspension.

Athletes must please make sure that the substances that they are using are not on the SAIDS banned substance list. If the athlete has any doubt, please refer to the SAIDS website <http://www.drugfreesport.org.za/prohibited-list/> which reflects the latest list of banned substances. SAIDS will not accept ignorance as an excuse when athletes are tested for the use of banned substances.

Athletes must also note that athletes ranked on the ASA Top 10 Ranking Lists are regarded by ASA, and SAIDS, as Elite/Professional Athletes.

Please note that any athlete ranked on the South African Top 10 Ranking List can be tested by SAIDS either in season, or out of season.

Athletes listed on the ASA Top 10 Ranking List who use prescribed medicines, or any form of medication, should complete a Therapeutic Use Exemption (TUE) Form, and submit it to SAIDS before they compete in a race. The TUE form can be downloaded from <http://www.drugfreesport.org.za/tue/>.

Richard Stander
ASA CEO
Not signed due to electronic sending

S.A. TOP 10 ROAD PERFORMANCE LISTS 2017

As at 2 August 2017.

MEN

10 KM

| | | | | | |
|-------|-------------------------|-----------|---|----------------|--------|
| 28:18 | Elroy Gelant | 25 Aug 86 | 1 | Bellville | 03 Jun |
| 28:22 | Stephen Lesego Mokoka | 31 Jan 85 | 3 | Manchester | 28 May |
| 28:48 | Mbongeni Ngxazozo | 02 Feb 80 | 2 | Port Elizabeth | 22 Apr |
| 29:01 | Gladwin Sibabalwe Mzazi | 28 Aug 88 | 3 | Port Elizabeth | 22 Apr |
| 29:01 | Melikhaya Frans | 05 Feb 92 | 4 | Port Elizabeth | 22 Apr |
| 29:13 | Thabang Mosiako | 23 Feb 95 | 1 | Gaborone | 07 May |
| 29:32 | Nadeel Wildschutt | 28 Nov 96 | 1 | Cape Town | 01 Mar |
| 29:53 | Siboniso Soldaka | 01 Jan 90 | 2 | Cape Town | 01 Mar |
| 29:56 | Angelo Booysen | 01 Oct 91 | 1 | Wellington | 01 May |
| 29:58 | Joel Mmone | 29 Mar 91 | 2 | Benoni | 29 Jan |

HALF MARATHON

| | | | | | |
|---------|-------------------------|-----------|---|----------------|--------|
| 1:01:21 | Stephen Lesego Mokoka | 31 Jan 85 | 1 | Port Elizabeth | 24 Jun |
| 1:01:30 | Elroy Gelant | 25 Aug 86 | 2 | Port Elizabeth | 24 Jun |
| 1:01:56 | Lesiba Precious Mashele | 13 Oct 90 | 3 | Port Elizabeth | 24 Jun |
| 1:01:58 | Melikhaya Frans | 05 Feb 92 | 3 | Port Elizabeth | 24 Jun |
| 1:02:47 | Mbongeni Ngxazozo | 02 Feb 80 | 4 | Port Elizabeth | 24 Jun |
| 1:03:01 | Joel Mmone | 29 Mar 91 | 5 | Port Elizabeth | 24 Jun |
| 1:03:09 | Thabang Mosiako | 23 Feb 95 | 6 | Port Elizabeth | 24 Jun |
| 1:03:41 | David Manja | 08 Jun 91 | 1 | Gaborone | 07 May |
| 1:03:48 | Gladwin Sibabalwe Mzazi | 28 Aug 88 | 7 | Port Elizabeth | 24 Jun |
| 1:04:05 | Thabiso Benedict Moeng | 25 Jan 83 | 8 | Port Elizabeth | 24 Jun |

MARATHON

| | | | | | |
|----------|-----------------------|-----------|----|---------------|--------|
| 2:10:51 | Desmond Mokgobu | 23 Nov 88 | 12 | Rotterdam | 09 Apr |
| 2:11:41 | Lusapho April | 24 May 82 | 5 | Hannover | 09 Apr |
| 2:16:53 | Stephen Lesego Mokoka | 31 Jan 85 | 34 | Tokyo | 26 Feb |
| 2:18:52 | Lungile Gongqa | 22 Feb 79 | 12 | Mumbai | 16 Jan |
| 2:21:15 | Lutendo Mapoto | 02 Nov 88 | 1 | Polokwane | 29 Apr |
| 2:21:26 | Sphamandla Nyembe | 06 Apr 90 | 1 | The Woodlands | 04 Mrt |
| 2:21:38 | Pule Maeko | 24 Jan 87 | 2 | Polokwane | 29 Apr |
| 2:22:23 | Anele Dlamini | 28 Dec 86 | 1 | Durban | 09 Apr |
| 2:22:53A | Ntsindiso Mphakathi | 12 Mar 90 | 2 | Umzimkulu | 05 Mrt |
| 2:23:00 | Duane Fortuin | 13 Jul 84 | 2 | Durban | 09 Apr |

WOMEN

10 KM

| | | | | | |
|-------|-------------------|-----------|---|----------------|--------|
| 32:56 | Louisa Leballo* | 04 Dec 77 | 1 | Cape Town | 02 Apr |
| 32:57 | Kesa Molotsane | 08 Jan 92 | 2 | Cape Town | 02 Apr |
| 33:05 | Irvette van Zyl | 05 Jul 87 | 3 | Cape Town | 02 Apr |
| 33:36 | Lebogang Phalula | 09 Dec 83 | 4 | Cape Town | 02 Apr |
| 33:43 | Mapaseka Makhanya | 09 Apr 85 | 3 | Port Elizabeth | 06 May |
| 33:47 | Cornelia Joubert | 22 Jun 88 | 5 | Cape Town | 02 Apr |
| 33:52 | Nolene Conrad | 26 Jul 85 | 4 | Port Elizabeth | 06 May |
| 33:56 | Glenrose Xaba | 31 Dec 94 | 6 | Durban | 11 Jun |

| | | | | | |
|-------|------------------|-----------|----|-----------|--------|
| 34:26 | Jenna Challenor | 06 Jul 81 | 10 | Cape Town | 02 Apr |
| 34:43 | Christine Kalmer | 10 Feb 86 | 11 | Cape Town | 02 Apr |

HALF MARATHON

| | | | | | |
|---------|----------------------------|----------------------|--------------|----------------------|-------------------|
| 1:12:31 | Cornelia Joubert | 22 Jun 88 | 1 | Port Elizabeth | 24 Jun |
| 1:12:36 | Irvette van Zyl | 05 Jul 87 | 9 | Barcelona | 12 Feb |
| 1:12:43 | Mapaseka Makhanya | 09 Apr 85 | 2 | Port Elizabeth | 24 Jun |
| 1:14:25 | Lebogang Phalula | 09 Dec 83 | 3 | Port Elizabeth | 24 Jun |
| 1:14:25 | Nolene Conrad | 26 Jul 85 | 2 | Cape Town | 15 Apr |
| 1:15:06 | Jenet Dlamini | 06 Oct 94 | 4 | Port Elizabeth | 24 Jun |
| 1:15:08 | Louisa Leballo* | 04 Dec 77 | 3 | Cape Town | 15 Apr |
| 1:15:32 | Zintle Xiniwe | 23 Oct 86 | 5 | Port Elizabeth | 24 Jun |
| 1:17:31 | Ntombesintu Mfunzi | 27 Dec 81 | 7 | Port Elizabeth | 24 Jun |
| 1:18:02 | Dominique Scott | 24 Jun 92 | 1 | Springdale | 08 Apr |

MARATHON

| | | | | | |
|----------|------------------------|-----------|----|------------------|--------|
| 2:48:13A | Ann Ashworth | | 1 | East London | 25 Feb |
| 2:54:59 | Danette Smith | 13 Dec 88 | 1 | Durban | 09 Apr |
| 2:57:05 | Gerda Steyn | 03 Mar 90 | 14 | Dubai | 20 Jan |
| 2:57:07A | Stephanie Smith | 24 Oct 85 | 2 | East London | 25 Feb |
| 2:58:35 | Eunice Phindile Nhlapo | 06 Oct 78 | 2 | Durban | 09 Apr |
| 2:58:45A | Ulrica Stander | 03 Oct 74 | 1 | Simon's Town | 19 Feb |
| 3:01:12 | Leilani Scheffer | 23 May 83 | 3 | Durban | 09 Apr |
| 3:01:23 | Janie Grundling | 28 Dec 79 | 2 | Pietermaritzburg | 26 Feb |
| 3:01:24 | Enie Manzini | | 1 | Benoni | 29 Jan |
| 3:01:30 | Yolande Maclean | 10 Mar 78 | 1 | Johannesburg | 12 Feb |

*) Leballo returned a positive result in an out-of-competition drugs test on 20 March 2017 and has been suspended for eight years. The 10 km and half-marathon lists will be updated when they are next published.

Compiled by Riël Hauman

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Member of the Association of Road Racing Statisticians & the Association of T&F Statisticians

Member of the IAU Records Committee

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