



1992-2017

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BOARD MEMBERS

PRES: Mr. Aleck Skhosana
VICE-PRES: Dr Harold Adams
T+F: Mr. Pieter Lourens
RR: Mr. James Molo
CC: Mr. Jakes Jacobs
Ath : Ms. Dorah Mngwevu
ADD: Ms. Mottlatsi Keikabile
Ms. Shireen Noble
Ms. Esther Malema
Ms. Ntathu Gwadiso
E.O. Mr. Jazz Mnyengeza
Mr. William Mokatsanyane

HONORARY MEMBERS

Mervyn KING
Mluleki GEORGE

PARTNERS

IAAF
CAA
SASCOC
SRSA
NLC
ASA Provinces
ASA Associates
SABC
Adidas
Tsogo Sun
SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

| | |
|----------|--------------------------------------|
| To | ASA Members |
| From | ASA Office |
| Date | 05 September 2017 |
| Subject | 2018 Road Running Preparation Squads |
| No pages | 2 |

ELECTRONIC TRANSMISSION

Dear ASA Members

Circular 106 of ASA 2017 (09/05) – 2018 ROAD RUNNING PREPARATION SQUADS

ASA are now in preparation for the 2018 Athletics season, and in this regard ASA has already announced the Track and Field Preparation Squad for the 2018 Commonwealth Games (ASA Circular 104 & 105)

Please find attached:

1. The Road Running Squads for the 2018 Commonwealth Games scheduled for 04 to 15 April 2018 in Australia.
2. The Road Running Squad in preparation for the 2018 IAAF World Half Marathon Championships scheduled for 24 March in Spain.

Coaches and Athletes must note that the abovementioned events take place within 3 weeks of each other, and the athlete will have to make a choice as to which event they want to qualify for.

For both the 2018 Commonwealth Games and the 2018 IAAF World Half Marathon Championships, the Squads will have to qualify for the Preliminary Team by 31 December 2017 latest.

For the 2018 Commonwealth Games, ASA will submit to SASCOC a Preliminary Marathon Team during the 1st week of January 2018.

For the 2018 IAAF World Half Marathon Championships, ASA will announce a Preliminary Team, also no later than the 1st week of January 2018.

Athletes not listed in the Preparation Squads for the 2018 Commonwealth Games, and the 2018 IAAF World Half Marathon Championships, have the right to appeal for reconsideration in writing, to ASA at Hezekiel@athleticssa.co.za; att. Hezekiel Sepeng, before close of business on Friday 15 September 2017. The appeal should consist of the performance of the athlete, as well as the date and event of the achievement. Athletes without an ASA Permanent License cannot appeal.

Athletics greetings

Richard Stander
ASA CEO

Not signed due to electronic sending



ASA SQUAD FOR 2018 COMMONWEALTH GAMES - 04 TO 15 APRIL 2018 IN AUSTRALIA

Women

| | | |
|-----------------------|-----|---------|
| 1. Lebo Phalula | CGA | 2:33:48 |
| 2. Mapaseka Makhanya | CGA | 2:37.19 |
| 3. Lebogang Phalula | CGA | 2:38.00 |
| 4. Cornelia Joubert | CGA | 2:39.37 |
| 5. Zintle Xiniwe | WPA | 2:41.49 |
| 6. Ntombesintu Mfunzi | EPA | 2:49.38 |
| 7. Kataza Shipalana | AGN | 2:54.12 |
| 8. Maria Shai | CGA | Debut |

Men

| | | |
|----------------------|------|---------|
| 1. Stephen Mokoka | AGN | 2:07.40 |
| 2. Desmond Mokgobu | CGA | 2:10.51 |
| 3. Sibusiso Nzima | CGA | 2:11.43 |
| 4. Lungile Gongqa | WPA | 2:11.59 |
| 5. Michael Mazibuko | CGA | 2:12.29 |
| 6. Lucky Mohale | CGA | 2:13.35 |
| 7. Xolisa Tyali | CGA | 2:14.26 |
| 8. Mbongeni Ngxazozo | CGA | 2:18.23 |
| 9. Elroy Gelant | ACNW | Debut |
| 10. Melikhanya Frans | EPA | Debut |

ASA SQUAD FOR IAAF WORLD HALF MARATHON CHAMPIONSHIPS - 24 MARCH IN SPAIN

Women

| | | |
|-----------------------|------|---------|
| 1. Cornelia Joubert | CGA | 1:12:31 |
| 2. Mapaseka Makhanya | CGA | 1:12:43 |
| 3. Diana-Lebo Phalula | CGA | 1:14:25 |
| 4. Janet Dlamini | KZNA | 1:15:06 |
| 5. Zintle Xiniwe | WPA | 1:15:33 |
| 6. Nolene Conrad | WPA | 1:15:41 |
| 7. Ntombesintu Mfunzi | EPA | 1:17:31 |
| 8. Christine Kalmer | CGA | 1:18:36 |

Men

| | | |
|----------------------|------|---------|
| 1. Stephen Mokoka | AGN | 1:01:21 |
| 2. Elroy Gelant | ACNW | 1:01:30 |
| 3. Precious Mashele | AGN | 1:01:56 |
| 4. Melikhaya Frans | EPA | 1:01:58 |
| 5. Mbongeni Ngxazozo | CGA | 1:02:47 |
| 6. Joel Mmone | ACNW | 1:03:01 |
| 7. Thabang Mosiako | ACNW | 1:03:09 |
| 8. Gladwin Mzazi | CGA | 1:03:48 |