



ATHLETICS SOUTH AFRICA NPC
Reg No 2006/034767/08

Athletics House, No. 3, 11th Avenue, Houghton Estate, Johannesburg, 2198
Tel: (+27) 11 880 5800 Fax: (+27) 11 788 6872 / (+27) 11 442 3091
P O Box 2712, Houghton, 2041; asa@athleticssa.co.za; www.athletics.org.za

For Immediate Release
17 September 2017

TEAM SA DOES US PROUD AT CAA SOUTHERN REGIONAL HALF-MARATHON CHAMPS IN NAMIBIA

The national team won gold in the men and women races, and in the process also walked away with five individual podium finishes to ensure that South Africa dominated the CAA Southern Region Half-Marathon Championships in Karibib, Namibia on Saturday.

It was a splendid one-two-three finish for Team SA with Joel Mmone winning a hard-fought men's contest in 1:03:04, to hold off compatriot Thabang Mosiako in a sprint finish over the 21.1km distance. Both athletes were, however, credited with the same time.

Former SA champion Lucky Mohale, completed the top three with the bronze medal in 1:04:03.

In the women's race, Mapaseka Makhanya was the top South African athlete, earning second place in 1:17:29, while Jenet Dlamini ended third in 1:18:13, adding a silver and bronze respectively. Lavinia Haitope, representing hosts Namibia, secured the regional title in 1:14:10.

The regional 21km event will assist in the selection of a team for the 2018 IAAF World Half-Marathon Championships in Valencia, Spain in March.

"We are proud of our team and for the good work they put," said Aleck Skhosana, the President of ASA. "It's so lovely to hear your national anthem played several times at the podium.

"We thank our coaches and the whole team management for a job well done. When the 10-member team was announced, we expressed our confidence that we had made the correct selection which had the potential of bringing in medals.

"They did just that. We now need to work even harder in this distance so that we can compete for dominance in the continent, but that's a challenge to the athletes and their coaches."

Ends

Aleck SKHOSANA (President)
Pieter LOURENS (Chair Track & Field)
Esther MALEMA (Additional)

Dr Harold ADAMS (Vice President)
Dorah MNGWEVU (Chair Athletes)
Shireen NOBLE (Additional)

Jakes JACOBS (Chair Cross Country)
Ntathu GWADISO (Additional)
Jazz MNYENGEZA (USSA Rep)

James MOLOI (Chair Road Running)
Motlatsi KEIKABILE (Additional)
William MOKATSANYANE (SASA Rep)

Mervyn KING

Board Members
Honorary Members:
Mluleki GEORGE