



1992-2017

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	07 December 2017
Subject	Preparation for 2018 CAA African Cross Country Champs
No pages	2

ELECTRONIC TRANSMISSION

Dear ASA Members

Circular 157 of ASA 2017 (12/07) – PREPARATION FOR 2018 CAA AFRICAN CROSS COUNTRY CHAMPS

After the ASA Cross Country Championships, held in September 2017, ASA identified a Squad of 55 Senior and Junior Middle and Long Distance athlete in preparation for the 2018 CAA African Cross Country Championships scheduled for Saturday, 17 March 2018 in Chlef, Algeria.

The 55 athletes (28 women and 27 men) are invited to the ASA Cross Country Trials that will be held on the UFS GROUNDS in Bloemfontein, on 27th January 2018.

The ASA Cross Country Trials on 27th January 2018 will be the first step in identifying a South African Cross Country Team for the 2019 IAAF World Cross Country Championships.

Based on the performances of the athletes at the ASA Cross Country Trails on 27th January 2018, and in preparation for the 2019 IAAF Cross Country Championships, athletes will be considered to represent South Africa at:

1. The CAA Southern Region Championships, Saturday 3 March 2018 at Gymkhana Sports Fields, Vacoas, Mauritius.
2. The CAA African Cross Championships, Saturday 17 March 2018 at Chlef, Algeria

The ASA Cross Country Squad invited to the ASA Cross Country Trails is listed below.

Athletics greetings

Richard Stander
ASA

ACEO

Not signed due to electronic sending

**SOUTH AFRICAN CROSS COUNTRY SQUAD INVITED TO ASA CROSS COUNTRY TRIALS;
UFS GROUNDS IN BLOEMFONTEIN, ON 27TH JANUARY 2018**

Name	Surname	Age Category	Province
1. Carmie	PRINSLOO	Junior Women	AGN
2. Yandiswa	SHANGE	Junior Women	CGA
3. Casey	BOSMAN	Junior Women	CGA
4. Prudence	SEKGADISO	Junior Women	AGN
5. Cara	DU PREEZ	Junior Women	ACNW
6. Lee-Anne	BLAKE	Junior Women	AGN
7. Shanley	KOEKEMOER	Junior Women	AGN
8. Michaela	MURAT	Junior Women	CGA
9. Ntswaki	MOLAHLOE	Junior Women	AFS
10. Thobile	VILAKAZI	Junior Women	CGA
11. Lara	ORROCK	Junior Women	AFS
12. Tyler	BELING	Junior Women	AFS
13. Simonay	WEITSZ	Junior Women	CGA
14. Lyndi	ROELOFSE	Junior Women	CGA
15. Nicole	LOUW	Junior Women	AFS
16. Chery-Lee	SCHOEMAN	Junior Women	CGA
17. Nicole	VAN DER MERWE	Junior Women	USA
18. Glenrose	XABA	Senior Women	AGN
19. Stella	MARAIS	Senior Women	AGN
20. Keneilwe	SEHING	Senior Women	CGA
21. Rachel	LEISTRA	Senior Women	CGA
22. Danette	MARAIS	Senior Women	AGN
23. Madri	WIDD	Senior Women	AGN
24. Glenrose	XABA	Senior Women	AGN
25. Kesa	MOLOTSANE	Senior Women	AFS
26. Maria	SHAI	Senior Women	CGA
27. Sherilene	GELDERBLOM	Senior Women	ACNW
28. Andrea	STEYN	Senior Women	AGN
29. Malefetsane	MOFOKENG	Junior Men	AFS
30. Tshepo	NTUNTWANE	Junior Men	CGA
31. Sanele	MASONDO	Junior Men	KZNA
32. Lebohang	MATWEBU	Junior Men	AFS
33. Maxime	CHAYMETON	Junior Men	CGA
34. Caleb	BEUKES	Junior Men	CGA
35. Lucas	SILWANE	Junior Men	IND
36. Tshegofatso	NGWAKO	Junior Men	ANWN
37. Mmeli	MATSHABA	Junior Men	CGA
38. Dais	MALEBANE	Junior Men	AGN
39. Katleho	MOLOI	Junior Men	AMPU
40. Thamsaqa	KHONCO	Junior Men	CGA
41. Kabelo	SEBOKO	Junior Men	CGA
42. Pakiso	MTHEMBU	Junior Men	AFS
43. Tumi	LEPHOTHO	Junior Men	CGA
44. Ryan	MPHAHLELE	Junior Men	CGA
45. Mtobisi	BALOYI	Senior Men	ACNW
46. Moeketsi	TSEISO	Senior Men	ACNW
47. Kabelo	MELAMU	Senior Men	CGA
48. Rantso	MOKOPANE	Senior Men	ACNW
49. Anthony	TIMOTEUS	Senior Men	WPA
50. Smith	ASHLEY	Senior Men	WPA
51. Precious	MASHELE	Senior Men	CGA
52. Joel	MMONE	Senior Men	ACNW
53. Thabang	MOSIAKO	Senior Men	ACNW
54. David	MANJA	Senior Men	ACNW
55. Elroy	GELANT	Senior Men	ACNW