



1992-2018

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**BOARD MEMBERS**

PRES: Mr. Aleck Skhosana  
VICE-PRES: Dr Harold Adams  
T+F: Mr. Pieter Lourens  
RR: Mr. James Molo  
CC: Mr. Jakes Jacobs  
Ath: Ms. Dorah Mngwevu  
ADD: Ms. Mottlatsi Keikabile  
Ms. Shireen Noble  
Ms. Esther Malema  
Ms. Ntathu Gwadiso  
E.O. Mr. Jazz Mnyengeza  
Mr. William Mokatsanyane

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Mluleki GEORGE

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SA Sports Trust

**MISSION**

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	16 November 2018
Subject	2019 ASA Preparation Squads
No pages	5

**ELECTRONIC TRANSMISSION**

**CIRCULAR 123 OF 2018 – 2019 ASA PREPARATION SQUADS**

**Dear ASA Members**

After the briefing session earlier this month with ASA's elite athletes, their personal coaches, and athletes representatives, ASA is now fully in preparation for the 2019 Athletics season.

As agreed at the briefing session earlier this month with ASA's elite athletes, their personal coaches, and athletes' representatives, ASA is already busy placing elite athletes in the domestic competitions, in their events of choice, to assist them in qualifying for the teams that will represent South Africa internationally.

The youth and junior athletes will already be considered to represent South Africa as early as March 2019 for the 2019 CAA African U18 & U20 Championships from 13 - 20 April 2019 in the Ivory Coast.

It is therefore important that athletes in the youth and junior categories participate in events listed on the ASA National/Provincial Fixtures List from now on, up to March 2019, to ensure that their performances will be considered for selection. Please monitor the SAAS Top 10 Ranking Lists on the ASA Website to make sure the performances of the athletes are approved by the SA National Statistics Committee.

NB: ASA select Physio Therapist and a Doctor to accompany all team representing South Africa. Team Management reports of Youth Teams the past 2 years, has indicated that many youth athletes representing South Africa were not exposed to the use of physiotherapist to assist them in their recovery phases, resulting in the athletes not reaching the finals, or winning medals due to unnecessary physical discomforts and/or injuries during the preliminary rounds. ASA Members are requested to facilitate better interaction between provinces and the academies to ensure that youth athletes get used to the value of a physiotherapist.

Please note that although youth and junior athletes is not listed on the 2019 Preparation Squads, they can still qualify through performances from now until March 2019 for the 2019 CAA African U18 & U20 Championships, provided they were achieved at credible events.

For the ASA Senior Preparation Squad, it is the year before the 2020 Olympic Games, and ASA is already scouting for athletes that can represent South Africa at the 2020 Olympic Games. The 2019 domestic season, the IAAF World Championships and the 2019 All Africa Games will be ideal opportunities where athletes can qualify for the preliminary team to the 2020 Olympic Games.

Athletics greetings

Richard Stander  
ASA ACEO  
Not signed due to electronic sending

**2019 ASA PREPARATION SQUADS – UPDATED 16 NOVEMBER 2018****SENIOR SQUAD**

<b>No.</b>	<b>NAME</b>	<b>PROV.</b>	<b>COACH</b>
1.	Akani Simbine	AGN	Werner Prinsloo
2.	Anaso Jobodwana	AGN	Darryl Anderson
3.	Antonio Alkana	WPA	Marcel Otto
4.	Benedict Moeng	AGN	Michael Seme
5.	Clarence Munyai	AGN	Hennie Kriel
6.	Cornel Fredericks	AGN	Irma Reynecke
7.	Derrick Mokaleng	CGA	Darryl Anderson
8.	Desmond Mokgobu	CGA	Hendrick Ramaala
9.	Duane Fortuin	WPA	Andrew Bosch
10.	Elroy Gelant	ACNW	Spring Phakathi
11.	Emile Erasmus	AGN	Frans van Rooyen
12.	Henricho Bruintjies	AGN	Morne Nagel
13.	Khotso Mokoena	CGA	no coach
14.	Kyle Blignaut	CGA	Pierre Blignaut
15.	Lebogang Shange	AGN	Chris Britz
16.	Le Roux Hamman	AGN	Licinda Pienaar
17.	Lindsay Hanekom	AGN	Nico Van Heerden
18.	Luvo Manyonga	EPA	Bradley Agnew
19.	Luxolo Adams	EPA	Gerhard Posthumus
20.	Ncincilili Titi	AGN	Crtis Frye
21.	Orazio Cremona	CGA	Dup du Preez
22.	Roscoe Engel	WPA	Scott Russel
23.	Ruan de Vries	AGN	Hennie Kriel
24.	Ruswahl Samaai	CGA	Jenny Kingwill
25.	Rynardt Van Rensburg	AFS	Darek van Rensburg
26.	Simon Magakwe	WPA	Paul Gorries
27.	Sokwakhana Zazini	AGN	Hennie Kriel
28.	Stephen Mokoka	AGN	Michael Seme
29.	Thando Dlodlo	CGA	Jaun Strydom
30.	Thapelo Phora	AGN	Nico Van Heerden
31.	Victor Hogan	BOLA	Kaai Preller

32.	Wayde Van Niekerk	AFS	Ans Botha
33.	Zark Visser	CGA	Roger Haitengi
34.	Carina Horn	AGN	Rainer Schopf
35.	Cassidy Williamson	KZNA	Marc Labuschagne
36.	Caster Mokgadi Semenya	AGN	Samuel Sepeng
37.	Charne Bosman	AGN	Andrew Booyens
38.	Christine Kalmer	CGA	Lindsey Parry
39.	Dominique Scott	WPA	Cameron Efurd
40.	Glenrose Xaba	AGN	Michael Seme
41.	Justine Palframan	BOLA	Suzanne Ferreira
42.	Nolene Conrad	WPA	Ernie Gruhn
43.	Rikenette Steenkamp	AGN	Hennie Kriel
44.	Sunette Viljoen	AGN	Terseus Liebenberg
45.	Tebogo Mamathu	AGN	Hennie Kriel
46.	Wenda Nel	AGN	Hennie Kriel
47.	Zeney Van der Walt	AGN	Maritza Coetzee
48.	Gerda Steyn	AGN	Nick Bester
49.	Tamzin Thomas	CGA	Morne Nagel
50.	Alyssa Conley	CGA	Morne nagel

### JUNIOR SQUAD

No.	NAME	PROV.	COACH
51.	Antoinette van der Merwe	AGN	Wimpie Nel
52.	Antonio Farmer	ASWD	Carl Meyer
53.	Breyton Poole	WPA	Benjamin Schlechter
54.	Carla Hattingh	CGA	Rudi de Ru
55.	Christopher Swart	AGN	Wiam Grimes
56.	Francois Jacobs	BOLA	Thinus Esterhuizen
57.	Jayson Weber	WPA	Alroy Dixon
58.	Juli Vercuil	WPA	Marcel Otto
59.	Lee-Anne Blake	AGN	Hennie Botha
60.	Liam Pietersen	WPA	no coach
61.	Lindukuhle Gora	AGN	Reneilwe Aphane
62.	Luke Davids	WPA	Nathan van Wyk
63.	Marlie Viljoen	AGN	Ilze Wicksell

64.	Mathew October	BOLA	Heinrich Fortuin
65.	Meike Strydom	ASWD	Pierre Blignaut
66.	Mikaaï II Mohamed	AGN	Thabo Mathibedi
67.	Nicola Gibbon	AGN	Maritza Coetzee
68.	Nicola van der Merwe	ANWN	Vickus Kemp
69.	Nicole Louw	AFS	Johan Britz
70.	Omphile Molotsi	AGN	Godfrey Mashegwane
71.	Retshidisitswe Mlenga	AGN	Gomolemo Shikwambane
72.	Roelof van der Walt	CGA	Shaun Jackson
73.	Rogail Joseph	BOLA	Rodney Booysen
74.	Ruan de Jongh	CGA	Johan Furstenburg
75.	Ruben Els	AGN	Hennie Kriel
76.	Tebogo Maseema	CGA	Jaun Strydom
77.	Tharina van der Walt	AFS	Elizna Naude
78.	Tshenolo Lemao	AGN	Thabo Mathibedi Hennie Kriel
79.	Valco van Wyk	BOLA	Louis Nienaber
80.	Zazini Sokwakhana	AGN	Hennie Kriel
81.	Zeney van der Walt	AGN	Maritza Coetzee
82.	Marzwan Loots	AGN	Maritza Coetzee
<b>YOUTH SQUAD</b>			
<b>No.</b>	<b>NAME</b>	<b>PROV.</b>	<b>COACH</b>
83.	Adrian Swart	BOLA	Regan Julius
84.	Amy Naude	KZNA	Victor Vaz
85.	Carmie Prinsloo	AGN	Wessel du Toit
86.	Charlize Eilard	AGN	Maritza Coetzee
87.	Charne van Zyl	AGN	Peet Steyn
88.	Christelle Grobler	CGA	Peter Grobler
89.	Christiaan Venter	AGN	Henie Kriel
90.	Keenan Cloete	AFS	JP Botha
91.	Cohen Gallant	AGN	Phillip Gallant
92.	Dane Roets	CGA	Pierre Blignaut
93.	Douw Kruger	AMPU	DPBadenhorst
94.	Dillion Coetzee	AGN	JJ Smith

95.	Elviano Johnson	AGN	Thabo Matebedi
96.	Jana van der Merwe	AGN	Dion Saayman
97.	Janke van Schalkwyk	BOLA	Marina Eksteen JJ Benn
98.	Josias Jesse	WPA	Nathan van Wyk
99.	Juanita de Necker	AVT	Jaune Pieterse
100.	Kayla van der Berg	ACNW	Jacques van Staden
101.	Kgadi Monyebodi	AGN	George Bradley
102.	Lyndi Roelofse	CGA	JJ Smith
103.	Marione Fourie	AVT	Gert Grobler
104.	Matt Nortje	AGN	Izle Wicksell
105.	Miandi van Staden	ACNW	Werner Burger
106.	Nikolai van Huyssteen	BOLA	Louis Nienaber
107.	Prudence Sekgodiso	AGN	Godfrey Mashegwane
108.	Sinesilpho Dambile	AGN	Thabo Matebedi
109.	Thabang Hlohlolo	AGN	Thabo Matebedi
110.	Tshepo Nthuthwana	CGA	Hans Saestad
111.	Wynand Swanepoel	AFS	Pierre Blignaut