



1992-2019

CONTACT DETAILS

t: +27 (0) 11 880 5800
t: (+27) 11 442 3091
@: ceo@athleticssa.net
www.athletics.org.za

POSTAL ADDRESS

P O Box 2712
Houghton Estate
2041

STREET ADDRESS

Athletics House
No. 3, 11th Avenue
Houghton Estate
Johannesburg 2198

BOARD MEMBERS

PRES: Mr. Aleck Skhosana
VICE-PRES: Dr Harold Adams
T+F: Mr. Pieter Lourens
RR: Mr. James Moloi
CC: Mr. Jakes Jacobs
Ath : Ms. Dorah Mngwevu
ADD: Ms. Motlatsi Keikabile
Ms. Shireen Noble
Ms. Esther Malema
Ms. Ntathu Gwadiso
E.O. Mr. Jazz Mnyengeza
Mr. William Mokatsanyane

HONORARY MEMBERS

Mervyn KING
Mluleki GEORGE

PARTNERS

IAAF
CAA
SASCOC
SRSA
NLC
ASA Provinces
ASA Associates
3Sixty Life
Sizwe Medical Fund
SABC
Adidas
SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	06 February 2019
Subject	Preliminary Team To 2019 IAAF World Cross Country Championships
No pages	2

ELECTRONIC TRANSMISSION

**ASA CIRCULAR 20 OF 2019
PRELIMINARY TEAM TO 2019 IAAF WORLD CROSS COUNTRY
CHAMPIONSHIPS**

Dear Members

After the 2018 ASA Cross Country Championships on 8 September 2018 in Port Elizabeth, ASA announced a Preparation team for the 2019 IAAF Cross Country Championships in Aarhus, Denmark on the 30th March 2019.

On 19 January 2019 ASA hosted a Cross Country trails on the TUKS Sport Grounds in Tshwane to identify a Preliminary Team in preparation for the 2019 IAAF Cross Country Championships.

The Preliminary team for the 2019 IAAF Cross Country Championships are attached.

The Preliminary team to the 2019 IAAF Cross Country Championships will undergo a fitness test at the NWU-Pukke Sports Fields in Potchefstroom on the 2nd March 2019.

The final Team and Team Management to the 2019 IAAF Cross Country Championships will be submitted to the ASA Board for approval after 2 March 2019 and will be announced no later than 11 March 2019.

Athletics greetings

Richard Stander
ASA ACEO

Not signed due to electronic sending

Disclaimer

From the ASA Office e-mail: ceo@athleticssa.net. For more information: ASA website www.athletics.org.za
The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful



IAAF World Cross Country Championships Aarhus, DEN 2019

Preliminary Team

No	Name & Surname	Age Category/Event	Province
1	Realebogo SEOPENSENGWE	Junior Men 8km	CGA
2	Maxime CHAUMETON	Junior Men 8km	CGA
3	Robert DE VILLIERS	Junior Men 8km	ACNW
4	Tumi LEPHOTHO	Junior Men 8km	CGA
5	Joshua PHOLOANA	Junior Men 8km	AFS
R	Ngconde MATWEBU	Junior Men 8km	AFS
1	Precious MASHELE	Senior Men 10km	CGA
2	Rantso MOKOPANE	Senior Men 10km	ACNW
3	Pakiso MTHEMBU	Senior Men 10km	AFS
4	Ryan MPHAAHLELE	Senior Men 10km	CGA
5	Kabelo SEBOKO	Senior Men 10km	CGA
6	Thabang MOSIAKO	Senior Men 10km	ACNW
R	Puseletso MOFOKENG	Senior Men 10km	ACNW
1	Carmie PRINSLOO	Junior Women 6km	AGN
2	Gene COETZEE	Junior Women 6km	CGA
3	Danielle VERSTER	Junior Women 6km	ACNW
4	Cara DU PREEZ	Junior Women 6km	ACNW
5	Prudence SEKGODISO	Junior Women 6km	AGN
R	Nicole LOUW	Junior Women 6km	BOLA
1	Kesa MOLOTSANE	Women 10km	AFS
2	Dominique SCOTT	Women 10km	WPA
3	Janet MBHELE	Women 10km	KZNA
4	Aynslee VAN GRAAN	Women 10km	AGN
R	Glenrose XABA	Women 10km	AGN

Disclaimer

From the ASA Office e-mail: ceo@athleticssa.net. For more information: ASA website www.athletics.org.za

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful