



1992-2019

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CC: Mr. Jakes Jacobs
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Sizwe Medical Fund
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SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	12 August 2019
Subject	2019 ASA CROSS COUNTRY CHAMPIONSHIPS
No pages	1 + 4 attachments

ELECTRONIC TRANSMISSION

Circular 76 of ASA 2019 (12/08) – 2019 ASA CROSS COUNTRY CHAMPIONSHIPS

Dear Members

Kindly receive the following information with regards to the 2019 ASA Cross Country Championships:

1. Team Manual
2. Entry Form - Athletes
3. Entry Form – TO Nominations
4. Proposed Accommodation List

Thanking you all and wishing all the participants a great competition.

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