

**CONTACT DETAILS**

t: +27 (0) 11 880 5800
t: (+27) 11 442 3091
@: ceo@athleticssa.net
www.athletics.org.za

POSTAL ADDRESS

P O Box 2712
Houghton Estate
2041

STREET ADDRESS

Athletics House
No. 3, 11th Avenue
Houghton Estate
Johannesburg 2198

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|----------|--------------------------------------------------------------------------------------------------------------------------------|
| To | ASA Members |
| From | ASA Office |
| Date | 21 November 2019 |
| Subject | Draft Programme - 2020 ASA U/16, U/18, U/20 And S.A. High Schools & L.S.E.N. (MMH & DEAF) National Track & Field Championships |
| No pages | 10 |

ELECTRONIC TRANSMISSION**Circular 104 of ASA 2019 (11/21) – DRAFT PROGRAMME - 2020 ASA U/16, U/18, U/20 AND S.A. HIGH SCHOOLS & L.S.E.N. (MMH & DEAF) NATIONAL TRACK & FIELD CHAMPIONSHIPS**

Dear ASA Members

The 2020 ASA National Fixtures List and ASA Circular 101 have bearing.

The LOC for the 2020 ASA U/16, U/18, U/20 and S.A. High Schools & L.S.E.N. (MMH & DEAF) National Track & Field Championships is in an advanced stage of preparing and presenting the mentioned event.

Please find attached the draft programme for the 2020 ASA U/16, U/18, U/20 and S.A. High Schools & L.S.E.N. (MMH & DEAF) National Track & Field Championships.

You are kindly requested to consult with your Provincial Track & Field Commission, Technical Committee and Coaches Committee, on the attached draft programme.

Feedback on the draft programme by 9 December 2019 will be appreciated.

A Team Manual, which will include among other entry standards for the mentioned event will be released in January 2020.

Athletics greetings

Richard Stander
ASA ACEO
Not signed due to electronic sending

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2020 ASA U/16, U/18, U/20 AND S.A. HIGH SCHOOLS & L.S.E.N. (MMH & DEAF) NATIONAL TRACK & FIELD CHAMPIONSHIPS - DALJOSAFAT ATHLETICS STADIUM; PAARL - NOVEMBER 2019 DRAFT -

Day 1: Thursday, 25 March 2020

| No | Time | Group | Event | Qualifying, Heats, Semi Finals & Finals | Next Round |
|--------------|-------|---------------------------|--------------------------------------|-----------------------------------------|------------|
| 1 | 06:30 | Boys 19 | 10 000m Walk | Final | |
| 2 | 07:30 | Boys 19 (L) | Discus Throw (Circle-A) | Final | |
| 3 | 07:45 | Boys 15 | 5 000m Walk | Final | |
| 4 | 08:00 | Girls 19 (L) | Javelin | Final | |
| 5 | 08:00 | Boys 17 (L) | Long Jump (Pit-C) | Final | |
| 6 | 08:00 | Girls 15 (L) | Shot Put (Circle-A) | Final | |
| 7 | 08:10 | Boys 15 | 1500m Steeple Chase | Final | |
| 8 | 08:20 | Girls 15 | 1500m Steeple Chase | Final | |
| 9 | 08:30 | Girls 15 | Hammer Throw (Circle-A) | Final | |
| 10 | 08:30 | Boys 17 | Pole Vault | Final | |
| 11 | 08:30 | Girls 17 | Triple Jump (Pit-B) | Final | |
| 12 | 08:30 | Girls 15 | High Jump (Pit-A&B) | Qualifying Round | F 129 (3) |
| 13 | 08:30 | Girls 17 (L) | Long Jump (Pit-B) | Final | |
| 14 | 08:30 | Girls 19 | 3000m Steeple Chase | Final | |
| 15 | 08:45 | Boys 19 | 3000m Steeple Chase | Final | |
| 16 | 09:00 | Girls 15 (L) | 1500m | Final | |
| 17 | 09:00 | Girls 19 (L) | Shot Put (Circle-B) | Final | |
| 18 | 09:00 | Girls 19 | Discus (Circle-B) | Final | |
| 19 | 09:10 | Boys 15 (L) | 1500m | Final | |
| 20 | 09:20 | Girls 17 (L) | 1500m | Final | |
| 21 | 09:30 | Boys 17 (L) | 1500m | Final | |
| 22 | 09:40 | Girls 19 (L) | 1500m | Final | |
| 23 | 09:50 | Boys 19 (L) | 1500m | Final | |
| 24 | 10:00 | Girls 15 | 100m | Heats | SF 87 (2) |
| 10:00 | | Medal Presentation | Items: 1, 2, 3, 4, 5, 6, 7, 8 | | |
| 25 | 10:00 | Boys 19 | Long Jump (Pit-A) | Final | |
| 26 | 10:00 | Boys 15 | Javelin | Qualifying Round | F 126 (3) |
| 27 | 10:00 | Boys 15 (L) | Long Jump (Pit-B) | Final | |

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| | | | | | | |
|--------------|-------|--|---------------------------|--------------------------------------------------------------------|------------------|-----------|
| 28 | 10:10 | | Boys 15 | 100m | Heats | SF 88 (2) |
| 29 | 10:20 | | Girls 17 | 100m | Heats | SF 89 (2) |
| 30 | 10:30 | | Boys 17 | 100m | Heats | SF 90 (2) |
| 31 | 10:30 | | Boys 17 (L) | Shot Put (Circle-A) | Final | |
| 32 | 10:40 | | Girls 19 | 100m | Heats | SF 91 (2) |
| 33 | 10:50 | | Boys 19 | 100m | Heats | SF 93 (2) |
| 34 | 11:00 | | Girls 15 | 400m | Heats | F 111 (3) |
| 35 | 11:00 | | Girls 17 | Discus Throw (Circle-A) | Final | |
| 36 | 11:00 | | Boys 17 (L) | High Jump (Pit-B) | Final | |
| 37 | 11:00 | | Girls 19 (L) | High Jump (Pit-A) | Final | |
| 38 | 11:10 | | Boys 15 | 400m | Heats | F 112 (3) |
| 39 | 11:20 | | Girls 17 | 400m | Heats | F 113 (3) |
| 40 | 11:30 | | Boys 17 | 400m | Heats | F 117 (3) |
| 41 | 11:30 | | Boys 15 | Pole Vault | Final | |
| 42 | 11:40 | | Girls 19 | 400m | Heats | F 118 (3) |
| 43 | 11:50 | | Boys 19 | 400m | Heats | F 119 (3) |
| 44 | 11:50 | | Boys 15 | Triple Jump (Pit-B) | Final | |
| 45 | 11:50 | | Boys 17 | Long Jump (Pit-A) | Final | |
| 46 | 12:00 | | Boys 15 (L) | 400m | Heats | F 120 (3) |
| 47 | 12:10 | | Girls 15 (L) | 400m | Heats | F 121 (3) |
| 48 | 12:20 | | Boys 17 (L) | 400m | Heats | F 122 (3) |
| 49 | 12:30 | | Girls 17 (L) | 400m | Heats | F 123 (3) |
| 12:40 | | | Medal Presentation | Items: 9, 10, 11, 13, 14, 15, 16 17, 18, 19, 20, 21, 22, 23 | | |
| 50 | 12:40 | | Boys 19 (L) | 400m | Heats | F 124 (3) |
| 51 | 12:50 | | Girls 19 (L) | 400m | Heats | F 125 (3) |
| 52 | 13:00 | | Girls 15 | 1500m | Heats | F 132 (3) |
| 53 | 13:00 | | Boys 17 | Shot Put (Circle-B) | Final | |
| 54 | 13:00 | | Boys 15 | Hammer Throw (Circle-A) | Final | |
| 55 | 13:10 | | Boys 15 | 1500m | Heats | F 133 (3) |
| 56 | 13:15 | | Boys 19 | Javelin | Qualifying Round | F 148 (3) |
| 57 | 13:15 | | Boys 15 | High Jump (Pit-A&B) | Qualifying Round | F 130 (3) |
| 58 | 13:20 | | Girls 17 | 1500m | Heats | F 134 (3) |
| 59 | 13:30 | | Girls 15 (L) | 100m | Heats | F 157 (3) |
| 60 | 13:40 | | Boys 15 (L) | 100m | Heats | F 158 (3) |
| 61 | 13:50 | | Girls 17 (L) | 100m | Heats | F 159 (3) |
| 62 | 13:55 | | Girls 19 | Pole Vault | Final | |
| 63 | 14:00 | | Boys 17 (L) | 100m | Heats | F 160 (3) |

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| | | | | | | | |
|--------------|-------|--|---------------------------|--------------------------------------------------------------------------|------------|--------------|-----------|
| 64 | 14:00 | | Boys 19 (L) | Long Jump (L) (Pit-A) | | Final | |
| 65 | 14:00 | | Girls 15 (L) | Long Jump (L) (Pit-B) | | Final | |
| 66 | 14:10 | | Girls 19 (L) | 100m | Heats | | F 161 (3) |
| 67 | 14:20 | | Boys 19 (L) | 100m | Heats | | F 162 (3) |
| 14:30 | | | Medal Presentation | Items: 25, 27, 31, 35, 36, 37, 41, 44, 45 | | | |
| 68 | 14:30 | | Boys 17 | 1500m | Heats | | F 135 (3) |
| 69 | 14:40 | | Girls 19 | 1500m | Heats | | F 136 (3) |
| 70 | 14:45 | | Girls 17 (L) | Javelin | | Final | |
| 71 | 14:45 | | Boys 19 (L) | High Jump (Pit-A) | | Final | |
| 72 | 14:50 | | Boys 19 | 1500m | Heats | | F 137 (3) |
| 73 | 15:00 | | Boys 17 (L) | 3000m | | Final | |
| 74 | 15:00 | | Girls 17 | Hammer Throw (Circle-A) | | Final | |
| 75 | 15:00 | | Boys 19 | Shot Put (Circle-A) | | Final | |
| 76 | 15:00 | | Boys 15 (L) | Shot Put (Circle-B) | | Final | |
| 77 | 15:15 | | Boys 17 | 2000m Steeple Chase | | Final | |
| 78 | 15:15 | | Girls 15 (L) | High Jump (Pit-A) | | Final | |
| 79 | 15:30 | | Girls 15 | Discus Throw (Circle-B) | | Final | |
| 80 | 15:30 | | Girls 15 | 90m Hurdles | Heats | | F 103 (3) |
| 81 | 15:40 | | Girls 17 | 100m Hurdles | Heats | | F 104 (3) |
| 82 | 16:00 | | Girls 19 | Triple Jump (Pit-B) | | Final | |
| 83 | 16:10 | | Boys 15 | 100m Hurdles | Heats | | F 105 (3) |
| 84 | 16:20 | | Girls 19 | 100m hurdles | Heats | | F 108 (3) |
| 85 | 16:30 | | Boys 17 | 110m Hurdles | Heats | | F 109 (3) |
| 86 | 16:40 | | Boys 19 | 110m Hurdles | Heats | | F 110 (3) |
| 87 | 16:50 | | Girls 15 | 100m | Semi Final | | F 138 (3) |
| 88 | 17:00 | | Boys 15 | 100m | Semi Final | | F 139 (3) |
| 89 | 17:10 | | Girls 17 | 100m | Semi Final | | F 140 (3) |
| 90 | 17:20 | | Boys 17 | 100m | Semi Final | | F 141 (3) |
| 91 | 17:30 | | Girls 19 | 100m | Semi Final | | F 142 (3) |
| 92 | 17:40 | | Boys 15 (L) | Discus (Circle-A) | | Final | |
| 93 | 17:40 | | Boys 19 | 100m | Semi Final | | F 143 (3) |
| 94 | 18:00 | | Boys 17 | 10000m Walk | | Final | |
| 18:00 | | | Medal Presentation | Items: 53, 54, 62, 64, 65, 70, 71, 73, 74, 75, 76, 77, 78, 79, 82 | | | |

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Day 2: Friday, 26 March 2020

| | | | | | | |
|-----|-------|--|--------------|-----------------------------|------------------|-----------|
| 95 | 07:00 | | Girls 19 | 10 000m Walk | | Final |
| 96 | 08:00 | | Boys 15 (L) | Javelin (L) | | Final |
| 97 | 08:00 | | Girls 19 | Hammer Throw (Circle-A) | | Final |
| 98 | 08:00 | | Girls 17 | High Jump (Pit-A&B) | Qualifying Round | F 193 (4) |
| 99 | 08:30 | | Girls 15 | 5 000m Walk | | Final |
| 100 | 08:30 | | Boys 19 (L) | Shot Put (L) (Circle-A) | | Final |
| 101 | 08:30 | | Girls 15 | Triple Jump (Pit-B) | | Final |
| 102 | 08:30 | | Girls 17 | Pole Vault | | Final |
| 103 | 09:15 | | Girls 15 | 90m Hurdles | | Final |
| 104 | 09:20 | | Girls 17 | 100m Hurdles | | Final |
| 105 | 09:25 | | Boys 15 | 100m Hurdles | | Final |
| 106 | 09:25 | | Boys 17 (L) | Discus Throw (L) (Circle-A) | | Final |
| 107 | 09:25 | | Girls 17 | Javelin | | Final |
| 108 | 09:30 | | Girls 19 | 100m hurdles | | Final |
| 109 | 09:35 | | Boys 17 | 110m Hurdles | | Final |
| 110 | 09:40 | | Boys 19 | 110m Hurdles | | Final |
| 111 | 09:50 | | Girls 15 | 400m | | Final |
| 112 | 10:00 | | Boys 15 | 400m | | Final |
| 113 | 10:10 | | Girls 17 | 400m | | Final |
| 114 | 10:10 | | Girls 19 | Long Jump (Pit-A) | | Final |
| 115 | 10:10 | | Boys 19 | High Jump (Pit-A&B) | Qualifying Round | F 237 (4) |
| 116 | 10:10 | | Girls 17 (L) | Shot Put (Circle-B) | | Final |
| 117 | 10:20 | | Boys 17 | 400m | | Final |
| 118 | 10:30 | | Girls 19 | 400m | | Final |
| 119 | 10:40 | | Boys 19 | 400m | | Final |
| 120 | 10:50 | | Boys 15 (L) | 400m | | Final |
| 121 | 11:00 | | Girls 15 (L) | 400m | | Final |
| 122 | 11:10 | | Boys 17 (L) | 400m | | Final |
| 123 | 11:20 | | Girls 17 (L) | 400m | | Final |
| 124 | 11:30 | | Boys 19 (L) | 400m | | Final |
| 125 | 11:40 | | Girls 19 (L) | 400m | | Final |
| 126 | 11:40 | | Boys 15 | Javelin | | Final |
| 127 | 11:40 | | Boys 17 | Triple Jump (Pit-B) | | Final |
| 128 | 11:40 | | Girls 17 (L) | Discus (Circle-A) | | Final |
| 129 | 11:40 | | Girls 15 | High Jump (Pit-A) | | Final |

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Page 5 of 10

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| | | | | | | |
|--------------|-------|--|---------------------------|--------------------------------------------------------------------------------------------------|------------------|-----------|
| 130 | 11:40 | | Boys 15 | High Jump (Pit-B) | | Final |
| 131 | 11:40 | | Girls 15 | Pole Vault | | Final |
| 11:20 | | | Medal Presentation | Items: 92, 94, 95, 96, 97, 99, 100, 101, 102, 103, 104, 105, 108, 109, 110 | | |
| 132 | 11:45 | | Girls 15 | 1500m | | Final |
| 133 | 11:55 | | Boys 15 | 1500m | | Final |
| 134 | 12:05 | | Girls 17 | 1500m | | Final |
| 135 | 12:15 | | Boys 17 | 1500m | | Final |
| 136 | 12:25 | | Girls 19 | 1500m | | Final |
| 137 | 12:35 | | Boys 19 | 1500m | | Final |
| 138 | 12:45 | | Girls 15 | 100m | | Final |
| 139 | 12:50 | | Boys 15 | 100m | | Final |
| 140 | 12:55 | | Girls 17 | 100m | | Final |
| 141 | 13:00 | | Boys 17 | 100m | | Final |
| 142 | 13:05 | | Girls 19 | 100m | | Final |
| 143 | 13:10 | | Boys 19 | 100m | | Final |
| 144 | 13:15 | | Girls 15 (L) | 100m | | Final |
| 145 | 13:20 | | Boys 15 (L) | 100m | | Final |
| 146 | 13:25 | | Girls 17 (L) | 100m | | Final |
| 147 | 13:30 | | Boys 17 (L) | 100m | | Final |
| 148 | 13:30 | | Girls 15 (L) | Discus Throw (Circle-B) | | Final |
| 149 | 13:30 | | Girls 17 | Long Jump (Pit-A) | | Final |
| 150 | 13:30 | | Boys 19 | Javelin | | Final |
| 151 | 13:30 | | Boys 17 | High Jump (Pit-A&B) | Qualifying Round | F 207 (4) |
| 152 | 13:30 | | Girls 17 | Shot Put (Circle-B) | | Final |
| 153 | 13:35 | | Girls 19 (L) | 100m | | Final |
| 154 | 13:40 | | Boys 19 (L) | 100m | | Final |
| 155 | 13:45 | | Girls 15 | 800m | Heats | F 231 (4) |
| 156 | 13:55 | | Boys 15 | 800m | Heats | F 232(4) |
| 13:55 | | | Medal Presentation | Items:106, 107, 111, 112, 113, 114, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 128 | | |
| 157 | 14:05 | | Girls 17 | 800m | Heats | F 246 (4) |
| 158 | 14:15 | | Boys 17 | 800m | Heats | F 247 (4) |
| 159 | 14:25 | | Girls 19 | 800m | Heats | F 254 (4) |
| 160 | 14:35 | | Boys 19 | 800m | Heats | F 255 (4) |
| 161 | 14:45 | | Girls 17 | 3000m | | Final |
| 162 | 15:00 | | Boys 17 | 3000m | | Final |
| 163 | 15:00 | | Girls 15 (L) | Javelin | | Final |

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|---------------------------------------|-------|--|---------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------|--------------|------------|
| 164 | 15:00 | | Boys 15 | Discus Throw (Circle-A) | | Final | |
| 165 | 15:20 | | Girls 15 | 200m | Heats | | SF 248 (4) |
| 166 | 15:30 | | Boys 15 | 200m | Heats | | SF 249 (4) |
| 167 | 15:40 | | Girls 17 | 200m | Heats | | SF 250 (4) |
| 168 | 15:50 | | Boys 17 | 200m | Heats | | SF 251 (4) |
| 169 | 16:00 | | Girls 19 | 200m | Heats | | SF 252 (4) |
| 170 | 16:10 | | Boys 19 | 200m | Heats | | SF 253 (4) |
| 171 | 16:10 | | Girls 15 | Javelin | | Final | |
| 172 | 16:10 | | Girls 19 | High Jump (Pit-A&B) | Qualifying Round | | F 210 (4) |
| 173 | 16:10 | | Boys 19 | Pole Vault | | Final | |
| 174 | 16:20 | | Girls 15 | 300m Hurdles | Heats | | |
| 175 | 16:20 | | Boys 15 | 300m Hurdles | Heats | | |
| 176 | 16:30 | | Girls 17 | 400m Hurdles | Heats | | |
| 177 | 16:40 | | Girls 19 | 400m Hurdles | Heats | | |
| 178 | 16:50 | | Boys 17 | 400m Hurdles | Heats | | |
| 179 | 17:00 | | Boys 19 | 400m Hurdles | Heats | | |
| 180 | 17:10 | | Boys 17 | Discus (Circle-A) | | Final | |
| 181 | 17:10 | | Boys 17 (L) | Javelin | | Final | |
| 17:15 | | | Medal Presentation | Items: 126, 127, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 146, 147, 148, 150 | | | |
| 182 | 17:10 | | Boys 19 (L) | 5 000m | | Final | |
| 183 | 17:30 | | Girls 19 | 5 000m | | Final | |
| 184 | 17:50 | | Girls 15 | Medley Relay | | Final | |
| 185 | 18:00 | | Boys 15 | Medley Relay | | Final | |
| 186 | 18:10 | | Girls 17 | Medley Relay | | Final | |
| 187 | 18:20 | | Boys 17 | Medley Relay | | Final | |
| 188 | 18:30 | | Girls 19 (L) | 4 x 100m Relay | | Final | |
| 189 | 18:35 | | Boys 19 (L) | 4 x 100m Relay | | Final | |
| 190 | 18:40 | | Girls 19 | 4 x 100m Relay | | Final | |
| 191 | 18:45 | | Boys 19 | 4 x 100m Relay | | Final | |
| Day 3: Saturday, 27 March 2020 | | | | | | | |
| 192 | 07:45 | | Girls 17 | 5000m Walk | | Final | |
| 193 | 08:15 | | Girls 17 | High Jump (Pit-B) | | Final | |
| 194 | 08:15 | | Boys 15 | High Jump (L) (Pit-B) | | Final | |
| 195 | 08:30 | | Girls 15 | 3000m | | Final | |
| 196 | 08:40 | | Girls 15 | 200m | Semi Final | | F 248 (4) |
| 197 | 08:40 | | Girls 19 | Javelin | | Final | |

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| | | | | | | |
|--------------|-------|--|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------|
| 198 | 08:40 | | Boys 19 | Hammer Throw (Circle-A) | Final | |
| 199 | 08:40 | | Girls 15 | Long Jump (Pit-A) | Final | |
| 200 | 08:40 | | Girls 19 | Shot Put (Circle-B) | Final | |
| 201 | 08:50 | | Boys 15 | 200m | Semi Final | F 249 (4) |
| 202 | 09:00 | | Girls 17 | 200m | Semi Final | F 250 (4) |
| 203 | 09:10 | | Boys 17 | 200m | Semi Final | F 251 (4) |
| 204 | 09:20 | | Girls 19 | 200m | Semi Final | F 252 (4) |
| 205 | 09:30 | | Boys 19 | 200m | Semi Final | F 253 (4) |
| 206 | 09:40 | | Girls 15 (L) | 200m | Heats | F 239 (4) |
| 207 | 09:45 | | Boys 17 | High Jump (Pit-A) | Final | |
| 208 | 09:50 | | Boys 15 (L) | 200m | Heats | F 240 (4) |
| 209 | 10:00 | | Girls 17 (L) | 200m | Heats | F 241 (4) |
| 210 | 10:00 | | Girls 19 | High Jump (Pit-B) | Final | |
| 211 | 10:00 | | Girls 19 | Discus Throw (L) (Circle-B) | Final | |
| 212 | 10:10 | | Boys 17 (L) | 200m | Heats | F 242 (4) |
| 213 | 10:20 | | Girls 19 (L) | 200m | Heats | F 243 (4) |
| 214 | 10:30 | | Boys 19 (L) | 200m | Heats | F 244 (4) |
| 215 | 10:30 | | Boys 19 | Triple Jump (Pit-B) | Final | |
| 216 | 10:30 | | Boys 19 (L) | Javelin | Final | |
| 217 | 10:30 | | Girls 15 | Shot Put (Circle-A) | Final | |
| 10:30 | | | Medal Presentation | Items: 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 171, 173, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191 | | |
| 218 | 10:40 | | Girls 17 (L) | 800m | Final | |
| 219 | 10:45 | | Boys 17 (L) | 800m | Final | |
| 220 | 10:50 | | Girls 19 (L) | 800m | Final | |
| 221 | 10:55 | | Boys 19 (L) | 800m | Final | |
| 222 | 11:00 | | Boys 19 | Discus Throw (Circle-A) | Final | |
| 223 | 11:00 | | Girls 15 (L) | 800m | Final | |
| 224 | 11:05 | | Boys 15 (L) | 800m | Final | |
| 225 | 11:15 | | Girls 15 | 300m Hurdles | Final | |
| 226 | 11:25 | | Boys 15 | 300m Hurdles | Final | |
| 227 | 11:35 | | Girls 17 | 400m Hurdles | Final | |
| 228 | 11:45 | | Girls 19 | 400m Hurdles | Final | |
| 229 | 11:55 | | Boys 17 | 400m Hurdles | Final | |
| 230 | 12:05 | | Boys 19 | 400m Hurdles | Final | |
| 231 | 12:20 | | Girls 15 | 800m | Final | |

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| 232 | 12:25 | | Boys 15 | 800m | | Final | |
| 233 | 12:25 | | Boys 17 | Javelin | | Final | |
| 234 | 12:25 | | Boys 15 | Long Jump (Pit-A) | | Final | |
| 235 | 12:25 | | Girls 19 (L) | Long Jump (Pit-B) | | Final | |
| 236 | 12:25 | | Boys 15 | Shot Put (Pit-B) | | Final | |
| 237 | 12:25 | | Boys 19 | High Jump (Pit-A) | | Final | |
| 238 | 12:25 | | Girls 17 (L) | High Jump (Pit-B) | | Final | |
| 239 | 12:35 | | Girls 15 (L) | 200m | | Final | |
| 240 | 12:40 | | Boys 15 (L) | 200m | | Final | |
| 241 | 12:45 | | Girls 17 (L) | 200m | | Final | |
| 242 | 12:50 | | Boys 17 (L) | 200m | | Final | |
| 243 | 12:55 | | Girls 19 (L) | 200m | | Final | |
| 244 | 13:00 | | Boys 19 (L) | 200m | | Final | |
| 245 | 13:05 | | Boys 17 | Hammer Throw (Circle-A) | | Final | |
| 13:00 | | | Medal Presentation | Items: 192, 193, 194, 195, 197, 198, 199, 200, 207, 210, 211, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230 | | | |
| 246 | 13:10 | | Girls 17 | 800m | | Final | |
| 247 | 13:15 | | Boys 17 | 800m | | Final | |
| 248 | 13:20 | | Girls 15 | 200m | | Final | |
| 249 | 13:25 | | Boys 15 | 200m | | Final | |
| 250 | 13:35 | | Girls 17 | 200m | | Final | |
| 251 | 13:40 | | Boys 17 | 200m | | Final | |
| 252 | 13:45 | | Girls 19 | 200m | | Final | |
| 253 | 13:50 | | Boys 19 | 200m | | Final | |
| 254 | 13:55 | | Girls 19 | 800m | | Final | |
| 14:00 | | | Medal Presentation | Items: 231, 232, , 238, 239, 240, 241, 242, 243, 244 | | | |
| 255 | 14:00 | | Boys 19 | 800m | | Final | |
| | 14:10 | | | | | | |
| 256 | 14:10 | | Boys 19 | 5000m | | Final | |
| 257 | 14:40 | | Boys 15 | 3000m | | Final | |
| 14:50 | | | Medal Presentation | Items: 233, 234, 235, 236, 237, 238, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255 | | | |
| 258 | 15:15 | | Girls 19 (L) | Medley Relay (L) | | Final | |
| 259 | 15:30 | | Boys 19 (L) | Medley Relay (L) | | Final | |
| 260 | 15:40 | | Girls 17 | 2000m Steeple Chase | | Final | |
| 261 | 15:50 | | Girls 17 (L) | 4 x 100m Relay (L) | | Final | |

Disclaimer

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|-----------------------------------------------------------------------------------------------------------|-------|------------------------------------------------------------------------------------------|-------------|--------------------|-------|--|--|
| 262 | 15:55 | | Boys 17 (L) | 4 x 100m Relay (L) | Final | | |
| 263 | 16:00 | | Girls 15 | 4 x 100m Relay | Final | | |
| 264 | 16:05 | | Boys 15 | 4 x 100m Relay | Final | | |
| 265 | 16:10 | | Girls 17 | 4 x 100m Relay | Final | | |
| 266 | 16:15 | | Boys 17 | 4 x 100m Relay | Final | | |
| 16:20 – 16:50 | | Closing Ceremony and Special Awards | | | | | |
| 267 | 16:50 | | Girls 19 | 4 x 400m Relay | Final | | |
| 268 | 16:55 | | Boys 19 | 4 x 400m Relay | Final | | |
| 16:30 | | <u>Medal collection at medal table for the following events: Items: 256 - 269</u> | | | | | |
| No presentation of these items because of time constraints – Team managers collect and sign for medals | | | | | | | |

Disclaimer