

UPDATED 2021 TOKYO OLYMPIC GAMES PREPARATION SQUAD

INDIVIDUAL EVENTS

No	Name	Surname	Gender	Event	Province
1	Akani	SIMBINE	M	100m	AGN
2	Phatu	MASWANGANYA	M	100m	AGN
3	Henricho	BRUINTJIES	M	100m	AGN
4	Simon	MAGAKWE	M	100m	WPA
5	Thando	DLODLO	M	100m	ANWN
6	Clarence	MUNYAI	M	200m	AGN
7	Anaso	JOBODWANA	M	200m	KZNA
8	Luxolo	ADAMS	M	200m	EPA
9	Sinesipho	DAMBILE	M	200m	AGN
10	Wayde	VAN NIEKERK	M	400m	AFS
11	Derrick	MOKALENG	M	400m	CGA
12	Gardeo	ISAACS	M	400m	BOLA
13	Tsepo	TSHITE	M	800m	AGN
14	Rynardt	VAN RENSBURG	M	800m	AFS
15	Rantso	MOKOPANE	M	3000mSC	ACNW
16	Antonio	ALKANA	M	110mH	WPA
17	Sokwakhana	ZAZINI	M	400mH	AGN
18	Lindsey	HANEKOM	M	400mH	AGN
19	Zarck	VISSER	M	LJ	CGA
20	Luvo	MANYONGA	M	LJ	EPA
21	Ruswahl	SAMAAI	M	LJ	BOLA
22	Cheswell	JOHNSON	M	LJ	CGA
23	Orazio	CREMONA	M	SP	CGA
24	Kayle	BLIGNAUT	M	SP	CGA
25	Zane	WEIR	M	SP	WPA
26	Victor	HOGAN	M	DT	BOLA
27	Wayne	SNYMAN	M	20km RW	AGN
28	Stephen	MOKOKA	M	Marathon	AGN
29	Elroy	GELANT	M	Marathon	ACNW
30	Desmond	MOKGOBU	M	Marathon	CGA
31	Frans	MELIKHAYA	M	Marathon	EPA
32	Marc	MUNDELL	M	50Km RW	KZNA
33	Zeney	VAN DER WALT	F	400mH	AGN
34	*Caster	SEMENYA	F	800m	AGN
35	Dominique	SCOTT-EFURD	F	5000m	WPA
36	Rikenette	STEENKAMP	F	100mH	AGN
37	Wenda	NEL	F	400mH	AGN
38	Rogail	JOSEPH	F	400mH	WPA
39	Lynique	BENEKE	F	LJ	AFS
40	Sunette	VILJOEN	F	JT	AGN
41	Gerda	STEYN	F	Marathon	AGN
42	Nolene	CONRAD	F	Marathon	WPA
43	Glenrose	XABA	F	Marathon	AGN

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SENIORS RELAY SQUADS

4X100M RELAY

No	Name	Surname	Gender	Event	Province
1	Akani	SIMBINE	M	4X100m	AGN
2	Simon	MAGAKWE	M	4x100m	WPA
3	Thando	DLODLO	M	4x100m	ANWN
4	Clarence	MUNYAI	M	4x100m	AGN
5	*Anaso	JOBODWANA	M	4x100m	KZNA
6	Chederick	VAN WYK	M	4X100m	ACNW
7	Dambile	SINESIPHO	M	4X100m	AGN
8	*Phatu	MASWANGANYA	M	4x100m	AGN
9	Henricho	BRUINTJIES	M	4x100m	AGN
1	Tamzin	THOMAS	F	4x100m	CGA
2	Banele	SHABANGU	F	4x100m	AGN
3	Rikenette	STEENKAMP	F	4x100m	AGN
4	Cassidy	WILLIAMSON	F	4x100m	AGN
5	Rose	XEYI	F	4x100m	AGN
6	Antionette	VAN DER MERWE	F	4x100m	AGN
7	Rea	MOLOI	F	4x100m	AGN
8	Petunia	OBISI	F	4x100m	WPA
9	Charlize	EILERD	F	4x100m	AGN

*Based in USA

4X400M RELAY

No	Name	Surname	Gender	Event	Province
1	*Derrick	MOKALENG	M	4X400m	CGA
2	Gardeo	ISAACS	M	4X400m	BOLA
3	Ranti	DIKGALE	M	4X400m	AGN
4	Jon	SEELIGER	M	4X400m	AGN
5	Lythe	PILLAY	M	4X400m	CGA
6	Pieter	CONRADIE	M	4X400m	ACNW
7	Wayde	VAN NIEKERK	M	400m	AFS
8	Ashley	HLUNGWANI	M	4X400m	AGN
9	Zakhithi	NENE	M	4x400m	KZNA
10	Akona	KHUZWAYO	M	4x400m	AGN
1	Zeney	VAN DER WALT	F	4x400m	AGN
2	Justine	PALFRAMAN	F	4x400m	BOLA
3	Jeanelle	GRIESEL	F	4x400m	AGN
4	Precious	MOLEPO	F	4x400m	AGN
5	Lente	PIETERSE	F	4x400m	ACNW

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6	Ariane	NEL	F	4x400m	ACNW
7	Wenda	NEL	F	4x400m	AGN
8	Danel	HOLTON	F	4x400m	ACNW
9	Taylon	BIELDT	F	4x400m	AGN

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4x400m MIXED RELAY

No	Name	Surname	Gender	Event	Province
1	Wenda	NEL	F	4x400m mixed	AGN
2	Danel	HOLTON	F	4x400m mixed	ACNW
3	Taylon	BIELDT	F	4x400m mixed	AGN
4	Zeney	VAN DER WALT	F	4x400m mixed	AGN
5	Ranti	DIKGALE	M	4x400m mixed	AGN
6	Jon	SEELIGER	M	4x400m mixed	AGN
7	Lythe	PILLAY	M	4x400m mixed	CGA
8	Pieter	CONRADIE	M	4x400m mixed	ACNW

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